

# Beef and Broccoli Salad

*By Brad Wallace*

*Serves 4-6*

## **Ingredients:**

- 1 small flank steak, 1 - 1 1/2 lbs.
- salt & pepper to taste
- 4 cups broccoli flowerets, blanched
- 1 medium red onion, chopped
- salad greens, washed and dried

## **Dressing**

- 1/4 cup Dry Creek Vineyard Cabernet Sauvignon or Merlot
- 1/3 cup soy sauce
- 1/4 cup red wine vinegar
- 3 T. sesame oil
- 2 T. toasted sesame seeds
- 1 T. fresh ginger, grated
- 1 tsp. sugar
- dash of red pepper sauce
- salt and pepper to taste

Salt and pepper meat, then broil flank steak until medium. Slice when meat is cool enough to handle. In a bowl combine all ingredients for the dressing; mix well. Add onion, broccoli, and sliced steak; toss well to coat. Serve on a bed of salad greens.

Serve with Dry Creek Vineyard Cabernet Sauvignon or Merlot.